

# August



**PARK REGENCY THORNTON**  
a Bethesda Senior Living Community

Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>Green</b> signifies an outing; Residents please sign-up at the front desk in advance. Times &amp; dates subject to change. Weather may impact outings. Please see activities for approval for medical transportation.</p>	<p><b>Happy Birthday!</b> Betty W. 8/6 Jan M. &amp; Ann H. 8/10 Betty K. 08/11, Gerry G. 8/13 David D. 8/15, Dixie P. 8/16 Terry T. &amp; Joanne S. 8/19 Jerry M. 8/20 Josephine S. 8/23</p>	<p>1 9:30 Bible Study with VB <b>9:45 Santiago's Breakfast Burrito Sale</b> 10:30 Exercise Circle 11:00 Optimal In-service <b>2:15 Patio Root beer Float</b> 3:30 Daily Trivia 6:30 Mary Kay Meeting</p>	<p>2 9:30 Daily News <b>10:00 Adams County Fair</b> 10:30 Zumba Exercise 1:00 John A. Music 3:30 Resident Dominos 6:00 Card Games</p>	<p>3 9:30 Coloring Pages 10:00 Chair Stretches- Mary 1:00 Catholic Service Cathie 2:00 Bird Feeders &amp; Garden 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>4 <b>10:00 Pet Therapy Visits</b> 10:30 Crossword Puzzles 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie &amp; Popcorn 6:00 Group UNO Game</p>
<p>5 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Jewelry &amp; Beading 11:00 Sewing Circle- Doris 2:00 Bingo with Donna 6:00 Evening Walk</p>	<p>6 <b>9:45 Walmart Shopping</b> 10:00 Stretch/Breathe 1:00 Line Dance Show 3:00 Sand Dollar Art 3:30 Nail Care &amp; Polishing 6:00 2nd Floor Puzzles</p>	<p>7 9:30 Daily News 10:30 Exercise Circle <b>10:30 Monthly Vitals</b> 2:00 Bingo with Activities 3:00 Country Store Open 5:30 Girl Scout Meeting 6:00 3rd Floor Puzzles</p>	<p>8 9:30 Devotions with Anne 10:00 Music with Rick W. <b>1:00 "Creative Wisdom" Art Class with Janis</b> 3:30 Daily Trivia 6:30 Mary Kay Meeting</p>	<p>9 <b>9:45 Swimming at Rec</b> 10:30 Zumba Exercise <b>10:30 Monthly Vitals</b> <b>2:00 Birthday Party &amp; Young at Heart Music</b> 3:30 Resident Lead Yahtzee 6:00 Card Games</p>	<p>10 <b>9:45 Bank Outing</b> 10:00 Chair Stretches- Mary 1:00 Catholic Service Cathie 2:00 Bird Feeders &amp; Garden 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>11 9:00 Morning News 10:30 Word Searches 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie &amp; Popcorn 6:00 Group UNO Game</p>
<p>12 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Arts &amp; Crafts 11:00 Sewing Circle- Doris 2:00 Bingo with Donna 6:00 Evening Walk</p>	<p>13 <b>9:45 King Sooper's Trip</b> 10:00 Stretch/Breathe 2:00 Music with Chuck 3:00 Nail Care &amp; Polishing 3:30 Daily Trivia 6:00 2nd Floor Puzzles</p>	<p>14 9:30 Daily News 10:30 Exercise Circle 2:00 Bingo with Activities 3:00 Country Store Open 5:30 Girl Scout Meeting 6:00 3rd Floor Puzzles</p>	<p>15 9:30 Daily Devotions 10:00 "Heartlanders" Music <b>11:00 Blue Sky Bistro Lunch Out (bring cash)</b> <b>1:30 Bessie's Hope Visit</b> 3:30 Daily Trivia 6:30 Mary Kay Meeting</p>	<p>16 9:30 Daily News 10:30 Zumba Exercise 2:00 Music with Scott B. 3:30 City of Thornton Planning Meeting 6:00 Card Games</p>	<p>17 9:30 Coloring Pages 10:00 Chair Stretches- Mary 1:00 Catholic Service Cathie 2:00 Bird Feeders &amp; Garden 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>18 9:00 Morning News 10:30 Crossword Puzzles 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie &amp; Popcorn 6:00 Group UNO Game</p>
<p>19 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Jewelry &amp; Beading 11:00 Sewing Circle- Doris 2:00 Bingo with Donna 6:00 Evening Walk</p>	<p>20 <i>Spirit Week: 80's</i> <b>9:45 Hobby Lobby Trip</b> 10:00 Stretch/Breathe 1:30 Traveling Table: "Happy Birthday CO!" <b>3:00 Resident Council Monthly Meeting</b> 6:00 2nd Floor Puzzles</p>	<p>21 <i>Spirit Week: Crazy Hair</i> 9:30 Daily News 10:30 Exercise Circle 2:00 Bingo with Activities 3:00 Country Store Open 5:30 Girl Scout Meeting 6:00 3rd Floor Puzzles</p>	<p>22 <i>Spirit Week: Team Sports</i> 9:30 Devotions with JW <b>9:45 Target &amp; Dollar Tree Shopping Trip</b> 10:30 Exercise Circle 2:00 Canvas Painting 3:30 Daily Trivia 6:30 Mary Kay Meeting</p>	<p>23 <i>Spirit Week: Western</i> 9:30 Daily News 10:30 Zumba Exercise 1:30 Scrapbooking <b>2:00 Baskin Robbins Ice Cream Outing</b> 3:30 Calendar Meeting 6:00 Card Games</p>	<p>24 <i>Spirit Week: Island Day</i> 9:30 Coloring Pages 10:00 Chair Stretches- Mary 1:00 Catholic Service Cathie 2:00 Bird Feeders &amp; Garden 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>25 <b>10:00 Pet Therapy Visits</b> 10:00 Coffee &amp; Donuts with Activities 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie &amp; Popcorn 6:00 Group UNO Game</p>
<p>26 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Arts &amp; Crafts 11:00 Sewing Circle- Doris 2:00 Bingo with Donna 6:00 Evening Walk</p>	<p>27 10:00 Stretch/Breathe Schwann's Visit 1:00 Music with Gary S. 2:30 Daily Trivia <b>3:30 KFC Take-In Social (please sign-up)</b> 6:00 2nd Floor Puzzles</p>	<p>28 <b>9:45 Good Will Trip</b> 9:30 Daily News 10:30 Exercise Circle 2:00 Bingo with Activities 3:00 Country Store Open 5:30 Girl Scout Meeting 6:00 3rd Floor Puzzles</p>	<p>29 9:30 Daily Devotions 10:30 Exercise Circle 1:30 Scrapbooking <b>2:00 Piano Music with May &amp; Patio Root beer Floats</b> 3:30 Daily Trivia 6:30 Mary Kay Meeting</p>	<p>30 <b>9:45 Walmart Shopping</b> 9:30 Daily News 10:30 Zumba Exercise 2:00 Happy Hour Drinks &amp; Snacks 3:30 Resident Dominos 6:00 Card Games</p>	<p>31 9:30 Coloring Pages 10:00 Chair Stretches- Mary 1:00 Catholic Service Cathie 2:00 Bird Feeders &amp; Garden 3:00 Bingo with the Elders 6:00 Friday Film</p>	