




June



PARK REGENCY THORNTON
a Bethesda Senior Living Community

Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Blue signifies an outing; Residents please sign-up at the front desk in advance. Times & dates subject to change. Weather may impact outings. Please see activities for approval for medical transportation.</p>	<p>Happy Birthday! Bev H. 06/02 Rebecca B. 06/07 Elise R. 06/07 Edna N. 06/09 Millie T. 06/10 Margie D. 06/12</p>	<p>Happy Birthday! Clyde C. 06/13 Gunda W. 06/13 Pat B. 06/18 Pat M. 06/18 Ray S. (100th) 06/20 Ellen P. 06/27</p>	<p>The best <i>Dads</i> Get promoted to <i>Grandpa.</i></p>	<p>1 10:00 Chair Stretches- Mary 1:00 Catholic Services with Cathie in Activities 2:00 Bird Feeders 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>2 11:00 Sewing Circle- Doris 11:00 Music with Laurie & Summer BBQ 1:00 Country Store Open 2:30 Birthday Party 3:30 Movie & Popcorn 6:00 Group UNO Game</p>
<p>3 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Jewelry & Beading 2:00 Bingo with Donna 6:00 Card Games</p>	<p>4 9:45 Swimming at Rec with Donna 10:00 Stretch/Breathe 1:00 Cowboy Music Show with Rick & Margie 6:00 2nd Floor Puzzles</p>	<p>5 10:00 Music with Rick W. 1:30 Bingo with Activities 3:00 1st Floor Hall Mtg 3:15 Make Your Own Stepping Stones 6:00 3rd Floor Puzzles</p>	<p>6 9:30 Bible Study with VB 9:45 Santiago's Breakfast Burrito Sale 10:30 Chair Exercises 11:00 Optimal In-Service 2:15 Patio Rootbeer Floats 6:30 Mary Kay Meeting</p>	<p>7 9:45 Walmart Shopping 10:30 Zumba Exercise 1:00 John A. Music 3:00 2nd Floor South Hall Meeting 6:00 Evening Games</p>	<p>8 10:00 Chair Stretches- Mary 10:15 Bank Outing 1:00 Catholic Services with Cathie in Activities 2:00 Bird Feeders 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>9 11:00 Sewing Circle- Doris 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie & Popcorn 6:00 Group UNO Game</p>
<p>10 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Jewelry & Beading 2:00 Bingo with Donna 6:00 Card Games</p>	<p>11 9:45 Target Shopping Trip 10:00 Stretch/Breathe Schwann's Visit 1:00 Line Dancers Show 2:00 Music with Chuck 3:00 2nd Floor North Hall Meeting 3:30 Library Outing</p>	<p>12 9:45 ARC Shopping Trip 10:30 Exercise Circle 1:30 Bingo with Activities 3:15 Walk Around Park 6:00 3rd Floor Puzzles</p>	<p>13 9:30 Devotions with Anne 10:30 Chair Exercises 11:15 Lodo's Lunch Out (bring cash) 3:30 Calendar Meeting 6:30 Mary Kay Meeting</p>	<p>14 10:30 Zumba Exercise 2:00 Birthday Party & Young at Heart Music 3:00 2nd Floor South Hall Meeting 3:30 Bird Feeders 6:00 Evening Games</p>	<p>15 10:00 Chair Stretches- Mary 1:00 Catholic Services with Cathie in Activities 1:15 "Pony & Pals" Petting Zoo in Courtyard 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>16 11:00 Sewing Circle- Doris 1:00 Country Store Open 2:30 Senior Chair Yoga 3:30 Movie & Popcorn 6:00 Group UNO Game</p>
<p>17 Father's Day 9:00 Communion with I.H.M. 9:15 Worship with Mike Independent Crafts</p> 	<p>18 9:45 King Sooper's Trip 10:00 Stretch/Breathe 1:30 Traveling Table: "1940's Flashback" 3:00 Father's Day Fondue 6:00 2nd Floor Puzzles</p>	<p>19 9:45 Kohl's Shopping Trip 10:00 Music with "Frank Sinatra" 1:30 Bingo with Activities 3:00 3rd Floor South Hall Meeting 6:00 3rd Floor Puzzles</p>	<p>20 10:00 "Heartlanders" Music 1:30 Taylor Marie Fashion Show & Shop 3:30 Dining Meeting 6:30 Mary Kay Meeting</p>	<p>21 10:30 Zumba Exercise 11:45 Rockies Game Outing (sign up required) 2:00 Music with Scott B. 3:00 3rd Floor North Hall Meeting 6:00 Evening Games</p>	<p>22 10:00 Chair Stretches- Mary 1:00 Catholic Services with Cathie in Activities 2:00 Bird Feeders 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>23 1:00 Country Store Open 2:00 1st Carnival Event! Food, drinks, prizes, games, music! (please RSVP)</p> 
<p>24 9:00 Communion with I.H.M. 9:15 Worship with Mike 10:30 Jewelry & Beading 2:00 Bingo with Donna 6:00 Card Games</p>	<p>25 9:45 Walmart Shopping 10:00 Stretch/Breathe Schwann's Visit 1:00 Music with Gary S. 3:30 Resident Council Monthly Meeting *All residents please attend 6:00 2nd Floor Puzzles</p>	<p>26 10:30 Exercise Circle 1:30 Bingo with Activities 3:30 Wendy's Take-In Social (please sign-up) 6:00 3rd Floor Puzzles</p>	<p>27 9:30 Devotions with JW 10:30 Chair Exercises 1:00 "Creative Wisdom" Art Class with Janis 2:00 Piano Music with May & Patio Rootbeer Floats 6:30 Mary Kay Meeting</p>	<p>28 10:30 Zumba Exercise 2:00 "Homemade" Music & Happy Hour Drinks, Snacks 3:00 Patio Bean Bag Toss 6:00 Evening Games</p>	<p>29 10:00 Chair Stretches- Mary 1:00 Catholic Services with Cathie in Activities 2:00 Bird Feeders 3:00 Bingo with the Elders 6:00 Friday Film</p>	<p>30 11:00 Sewing Circle- Doris 1:00 Country Store Open 1:00 5280 Dance Group Show 3:30 Movie & Popcorn 6:00 Group UNO Game</p>