



June



PARK REGENCY THORNTON
a Bethesda Senior Living Community

Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	PURPLE Activities or outings just for memory care.	ORANGE Activities occur in activities wing or lobby.			1 9:00- Raised salt painting 9:30- Morning snacks 10:00- Chair exercise 1:00- Catholic Services 2:00- Parachute fun 6:00- Storytime & snacks	2 9:00- Tie dye art 9:30- Morning snacks Summer BBQ Kick & Music 1:30- Creative forecasting 2:00- Afternoon snacks 3:00- Memory game 6:00- Evening stroll
3 9:00- Wind chimes 9:15- Worship with Mike 9:30- Morning snacks 10:30- Mind joggers 1:30- Balloon volleyball 6:00- Evening movie, popcorn	4 9:00- Chicken soup story 9:30- Morning coffee, snacks 10:00- Stretch/Breathe class 1:00- Cowboy music show 3:00- Bean bag toss 6:00- Storytime & snacks	5 9:00- Puzzles 9:30- Morning snacks 10:00- Music with Rick W. 1:00- Kickball 3:00- Kerplunk 6:00- Tea & crackers	6 9:00- Chromatography art 9:30- Bible study, snacks 10:30- Exercising 1:00- Word search 2:15- Patio rootbeer floats 6:00- Evening stroll	7 9:00- Toothbrush flowers 9:30- Morning coffee, snacks 10:30- Zumba class 1:00- John A. music I 3:30- Bingo 6:00- Evening movie/snacks	8 9:00- Paper plate birds 9:30- Morning snacks 10:00- Chair exercise 1:00- Catholic Services 3:00- Crossword puzzle 6:00- Storytime & snacks	9 9:00- Paper plate flowers 9:30- Tea & crackers 10:30- Let's get fit 1:30- Memory game 2:00- Jim H. music 3:00- Afternoon snacks
10 9:00- Rainbow sun 9:15- Worship with Mike 9:30- Trivia, snacks 10:30- Memory game 1:30- Inside stroll 3:00- Wood art 6:00- Evening movie, popcorn	11 9:00- Shoelace bracelet 9:30- Morning coffee, snacks 10:00- Bessie's Hope visit 1:00- Crossword puzzles 2:00- Parachute fun 6:00- Storytime & snacks	12 9:00- Bingo 9:30- Morning snacks 10:30- Creative forecasting 1:00- Puzzles 2:30- Magic show with Dick 6:00- Tea & crackers	13 9:00- Fish bones 9:30- Bible study, snacks 10:30- Exercising 1:30- Country store visit 2:00- Ice Cream Sundaes 6:00- Evening exercise	14 9:00- Clothes pin airplanes 9:30- Morning coffee, snacks 10:30- Zumba class 11:00- Lunch out 3:00- Crossword puzzle 6:00- Evening movie/snacks	15 9:00- Sun catchers 9:30- Morning snacks 10:00- Chair exercise 1:00- Catholic Services 1:15 "Pony & Pals" Petting Zoo in Courtyard 6:00- Storytime & snacks	16 9:00- Wood art 9:30- Tea & crackers 10:30- Mind joggers 1:30- Snazzi match game 3:00- Guesstures game 6:00- Evening movie/snacks
17 Happy Father's Day 9:00- Reading with Anne 9:15- Worship with Mike 9:30- Trivia, snacks 10:30- Puzzles 1:30- Creative forecast 3:00- Balloon volleyball 6:00- Evening movie, popcorn	18 9:00- Chicken soup story 9:30- Morning coffee, snacks 10:00- Stretch/Breathe class 1:00- Crossword puzzles 3:00- Card game war 6:00- Storytime & snacks	19 9:00- Jenga 9:30- Morning snacks 10:30- Exercising 1:00- Mind joggers 3:00- Toddler visit, music 4:00- Family council mtg 6:00- Tea & crackers	20 9:00- Color mini pillows 9:30- Bible study, snacks 10:00- "Heartlanders" music 1:00- Creative forecasting 2:00- Bingo 3:00- Afternoon snacks	21 9:00- Felt art 9:30- Morning coffee, snacks 10:30- Zumba class 2:00- Music with Scott B. 3:00- Crossword puzzle 6:00- Evening movie/snacks	22 9:00- Canvas art 9:30- Morning snacks 10:00- Chair exercise 1:00- Catholic Services 2:00- Foam frames 6:00- Storytime & snacks	23 9:00- Beach ball toss 9:30- Tea & crackers 2:00 1st Carnival Event! Food, drinks, prizes, games, music! (please RSVP) 6:00- Evening movie/snacks
24 9:00- Paint mini figures 9:15- Worship with Mike 9:30- Morning snacks 10:30- Mind joggers 1:30- Puzzles 3:00- Bingo 6:00- Evening movie, popcorn	25 9:00- Chicken soup story 9:30- Morning coffee, snacks 10:00- Stretch/Breathe class 1:00- Music with Gary S. 3:00- Balloon volleyball 6:00- Storytime & snacks	26 9:00- Puzzles 9:30- Morning snacks 10:30- Exercising 1:00- Mind joggers 3:00- Jenga 6:00- Tea & crackers	27 9:00- Door hangers 9:30- Bible study, snacks 10:30- Jewelry & beading 12:00- Art Class with Janis 2:00- Piano music with May 3:00- Afternoon snacks 6:00-	28 9:00- Rice sencey bottles 9:30- Morning coffee, snacks 10:30- Zumba class 1:30- Memory game 2:00- Homemade music 6:00- Evening movie/snacks	29 9:00- Snazzi match game 9:30- Morning snacks 10:00- Chair exercise 1:00- Catholic Services 2:00- Parachute fun 6:00- Storytime & snacks	30 9:00- Make sun catchers 9:30- Morning snacks 1:30- Creative forecasting 2:00- Afternoon snacks 3:00- Memory game 6:00- Evening stroll