



# November



**PARK REGENCY THORNTON**  
a Bethesda Senior Living Community

Memory Care

| Sun   | Mon   | Tue  | Wed  | Thu  | Fri  | Sat  |
|---|---|--|--|--|--|--|
| <p><i>Happy Thanksgiving</i></p>  |   |  |  | <p>1<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Crafts<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Popcorn</p>                                       | <p>2 <b>Ester Peterson B-Day</b><br/>8:00 Current Events<br/>10:00 Hydration carts &amp; Snacks<br/>10:30 Read W/ Anne<br/>1:00 Catholic Services<br/>1:30 Mind Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Evening Exercise</p> | <p>3<br/>8:00 Current Events<br/>10:30 Balloon Noodle game<br/>10:00 &amp; 3:00 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Snacks</p>                                |
| <p>4<br/>8:00 Current Events<br/>9:15 Worship W/ Mike<br/>10:00 Mind Joggers<br/>10 &amp; 3 Hydration Cart &amp; Snacks<br/>3:00 Crossword Puzzles<br/>6:00 Story Time</p>  | <p>5<br/>8:00 Current Events<br/>9:00 Sock Matching Game<br/>10 Hydration Cart &amp; Snacks<br/>1:30 Conversation Cards<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 TV Time W/Celia</p> | <p>6<br/>8:00 Current Events<br/>9:30 Balloon Volley Ball<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Chair Exercise<br/>2:00 Thanksgiving Trivia<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Memory Game</p> | <p>7<br/>8:00 Current Events<br/>9:30 Bible Study W/Sandy<br/>10 Balloon Volley Ball<br/>10 Hydration Cart &amp; Snacks<br/>3:00 Ming Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Bingo</p>                | <p>8<br/>8:00 Current Events<br/>9:00 Nail Care/Polishing<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Zumba<br/>2:30 Craft Fall Wreaths/Nina<br/>3 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Popcorn</p> | <p>9<br/>8:00 Current Events<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Read W/ Anne<br/>1:00 Catholic Services<br/>1:30 Mind Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Evening Exercise</p>                                 | <p>10<br/>8:00 Current Events<br/>10:30 Balloon Noodle game<br/>10:00 &amp; 3:00 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Snacks</p>                               |
| <p>11<br/>8:00 Current Events<br/>9:15 Worship W/ Mike<br/>10:00 Mind Joggers<br/>10 &amp; 3 Hydration Cart &amp; Snacks<br/>3:00 Crossword Puzzles<br/>6:00 Story Time</p> | <p>12<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10 Hydration Cart &amp; Snacks<br/>1:30 Conversation Cards<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 TV Time W/ Celia</p>          | <p>13<br/>8:00 Current Events<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Chair Exercise<br/>2:30 Word Noodle<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Memory Game</p>                                  | <p>14<br/>8:00 Current Events<br/>9:00 Donuts &amp; Coffee<br/>9:30 Bible Study W/ Sandy<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Balloon Volley Ball<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Bingo</p> | <p>15<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Zumba<br/>2:30 Snowman Craft<br/>3 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Popcorn</p>                      | <p>16<br/>8:00 Current Events<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Read W/ Anne<br/>1:00 Catholic Services<br/>1:30 Mind Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Word Noodle</p>                                     | <p>17<br/>8:00 Current Events<br/>10:30 Balloon Noodle game<br/>10:00 &amp; 3:00 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Snacks</p>                               |
| <p>18<br/>8:00 Current Events<br/>9:15 Worship W/ Mike<br/>10:00 Mind Joggers<br/>10 &amp; 3 Hydration Cart &amp; Snacks<br/>3:00 Crossword Puzzles<br/>6:00 Story Time</p> | <p>19<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10 Hydration Cart &amp; Snacks<br/>1:30 Conversation Cards<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 TV Time W/ Celia</p>          | <p>20 <b>Anne Rein B-Day</b><br/>8:00 Current Events<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Chair Exercise<br/>2:30 Word Noodle<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Memory Game</p>           | <p>21<br/>8:00 Current Events<br/>9:30 Bible Study W/ Sandy<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Balloon Volley Ball<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Bingo</p>                              | <p>22<br/></p>  | <p>23<br/>8:00 Current Events<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Read W/ Anne<br/>1:00 Catholic Services<br/>1:30 Mind Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Evening Exercise</p>                                | <p>24 <b>Mary Anna Hering B-Day</b><br/>8:00 Current Events<br/>10:30 Balloon Noodle game<br/>10:00 &amp; 3:00 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Snacks</p> |
| <p>25<br/>8:00 Current Events<br/>9:15 Worship W/ Mike<br/>10:00 Mind Joggers<br/>10 &amp; 3 Hydration Cart &amp; Snacks<br/>3:00 Crossword Puzzles<br/>6:00 Story Time</p> | <p>26<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10 Hydration Cart &amp; Snacks<br/>1:30 Conversation Cards<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 TV Time W/ Celia</p>          | <p>27<br/>8:00 Current Events<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Chair Exercise<br/>2:30 Word Noodle<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Memory Game</p>                                  | <p>28<br/>8:00 Current Events<br/>9:30 Bible Study W/ Sandy<br/>10:00 Hydration Cart &amp; Snacks<br/>10:30 Balloon Volley Ball<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Bingo</p>                              | <p>29<br/>8:00 Current Events<br/>9:00 Puzzles<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Zumba<br/>2:30 Craft<br/>3 Hydration Cart &amp; Snacks<br/>6:00 Movie &amp; Popcorn</p>                              | <p>30<br/>8:00 Current Events<br/>10 Hydration Cart &amp; Snacks<br/>10:30 Read W/ Anne<br/>1:00 Catholic Services<br/>1:30 Mind Joggers<br/>3:00 Hydration Cart &amp; Snacks<br/>6:00 Evening Exercise</p>                                | <p></p>   |